

J Chai Lights

SPRING 2019

MARCH 2019

8	5:45-7PM	PJ Library Got Shabbat? —Join PJ Library for a Shabbat dinner event with crafts and more.	Fees Vary
10	10:30AM-12PM	Hamentaschen Bake —PJ Library and Temple Beth Emeth host this community event to learn to prepare these traditional Purim cookies to take and bake at home.	\$10/household \$5/individual
13	9AM-4PM	KidZone Vacation —K-5 enjoy a variety of activities during school breaks. Pre/post care available.	Fees Vary
17	4-6PM	Having the Conversation —Nehama Glogower discusses end of life planning talks with loved ones.	Fees Vary
21	12-1PM	Third Thursday @ the J —Unique lunch-n-learn program. BYO lunch or buy one from our Lunch Café.	Zero Fee
21	5:45-8PM	Purim in Israel —Chabad & the J celebrate Purim Israeli style. Optional Megillah reading at 5:15PM.	Fees Vary
25-29	9AM-4PM	KidZone Vacation —K-5 enjoy a variety of activities during school breaks. Pre/post care available.	Fees Vary

Holiday Closings: 4/19/2019 @ 3PM, 4/20-21/2019, 4/26-27/2019, 5/27/2019

APRIL 2019

14	11:15AM-12:30PM	Walking Passover Seder —PJ Library & Beth Israel Congregation offer this unique Seder experience.	Zero Fee
16	5:30-7PM	Matzah Factory —PJ Library & Chabad bring this annual DIY matzah event to the J. Dinner included.	Fees Vary
18	12-1PM	Third Thursday @ the J —Unique lunch-n-learn program. BYO lunch or buy one from our Lunch Café.	Zero Fee
22-25	9AM-4PM	KidZone Vacation —K-5 enjoy a variety of activities during school breaks. Pre/post care available.	Fees Vary

MAY 2019

5	3-5:30PM	Chaverim B'Shirim Spring Concert —presents "Songs of Hope," music of Rodgers & Hammerstein.	Zero Fee
7	9AM-4PM	KidZone Vacation —K-5 enjoy a variety of activities during school breaks. Pre/post care available.	Fees Vary
8	7-9PM	Erev Yom Ha'Atzmaut —join the J and Federation to celebrate Israel Independence Day!	Fees Vary
12-16	Times Vary	18th Annual Ann Arbor Jewish Film Festival —A2JFF is partnering with Cinetopia to be both a capsule festival as well as part of the larger Cinetopia landscape of the best global film festival films.	Become a sponsor! \$10/film ticket
16	12-1PM	Third Thursday @ the J presents "Trouble Sleeping? Don't Assume It's A Normal Part of Aging" —University of Michigan faculty members, Donovan T. Maust and Erica Soloway, will discuss the results of the National Poll on Healthy Aging's recent report on sleep.	Zero Fee
17	5:45-7PM	PJ Library Got Shabbat? —Join PJ Library for a Shabbat dinner event with crafts and more.	Fees Vary
22	12-3:30PM	KidZone Vacation —K-5 enjoy a variety of activities during this early release day. Post care available.	Fees Vary

ANN ARBOR JCC

HEALTH AND WELLNESS

M, W, F	9-10AM	Zumba —cardio workout to Latin rhythms and popular music.	\$5/class
Tu, Th	9:30-10:30AM	Callanetics —safe, non-impact exercise plan that strengthens and tones	\$14/class
Tu, Th	11AM-12PM	Low Impact Exercise —upbeat workout can be done either standing or sitting to improve mobility and flexibility.	\$3/class
W	1-2PM	Tai Chi for Seniors —Improve health via this peaceful martial art. Starts 9/12.	\$10/semester Mbrs Free
W	7:30-9:30PM	Israeli Dancing —New & classic dances! All skill levels welcome. High school & college students free. Visit a2rikud.org .	\$5/person
Th	6:30-7:30PM	Yoga & Meditation —Combination of Ashanga, Slow Flow, Gentle, & Yin styles.	\$10/guest \$7/member

ADULT ENRICHMENT

Tu, W, Th	12-1PM	Lunch Café —enjoy a dairy meal by local caterer Karan Balmer. RSVP required by calling the J up to one day before lunch.	\$5.50 or \$3 if 60+
W	11AM-12PM	Yidish Tish —All levels of proficiency are welcome to join this relaxed group.	Zero Fee
W	12:30-2PM	Movie Screening —enjoy a different movie each Wednesday afternoon.	Zero Fee
Th	1-2PM	Current Events —discussion group that explores issues and stories in the news.	Zero Fee

CHILDREN AND FAMILIES

F	9:15-10:15AM	Tot Shabbat —hands-on Shabbat fun for families w/ children 0-4, led by our fabulous Early Childhood Center staff.	Zero Fee
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SPECIAL EVENTS

4/14 11:15AM	Walking Passover Seder Step back in time and experience the Passover story by becoming a part of it. Join Moses in asking for freedom from Pharaoh, flee Egypt with only what you can carry, and celebrate your new found freedom. Families are encouraged to participate together. Co-sponsored by PJ Library, the J, and Beth Israel Congregation. Visit jccannarbor.org for more.		
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Chai Lights

live up



18th Annual Ann Arbor Jewish Film Festival Partners with Cinetopia!

The 18th Annual Ann Arbor Jewish Film Festival is partnering with Cinetopia for the first time to bring the best of Jewish films to screens in Ann Arbor and throughout southeast Michigan. Sponsorships available. Tickets available through the Michigan Theater. Visit film.jccannarbor.org for more.