# J Chai Lights

## **WINTER 2018-2019**

#### 2019 MACCABI GAMES AND ARTS FEST—REGISTRATION FOR THE ANN ARBOR DELEGATION IS OPEN!

Athletes, artists, performers, & chefs ages 12 to 16 can join the largest gathering of Jewish teens in the world! Contact us to learn more.

		DECEMBER 2018					
1-7		Camp Raanana Returners Special—2018 campers have one week to receive 2018's early bird rates!	Fees Vary				
4	7-8:30PM	Chanukah with Ann Epstein—author talk about "Tazia and Gemma," candle lighting, & sufganiyot.	Zero Fee				
8		Camp Raanana Early Bird—registration opens for summer 2019 at a reduced rate through 2/28.	Fees Vary				
10	9AM-4PM	<b>KidZone Vacation</b> —K-5 enjoy a variety of activities during school breaks. Pre/post care available.	Fees Vary				
10	5:45PM	One Candle for Tzedakah—Join us for this annual community wide Chanukah celebration.	Fees Vary				
20	12-1PM	Third Thursday @ the J presents Russ Collins, CEO of the Michigan Theater—who will talk about the histories of both the Michigan and State Theaters.	Zeго Fee				
		Holiday Closings: 12/25/2018, 12/31/2018 @ 3PM, 1/1/2019					
	JANUARY 2019						
2-4	9AM-4PM	<b>KidZone Vacation</b> —K-5 enjoy a variety of activities during school breaks. Pre/post care available.	Fees Vary				
17	12-1PM	<b>Third Thursday @ the J presents Vince J. Cardinal</b> —the chair of UM Musical Theater department will talk about the programs connection to Broadway.	Zero Fee				
17	2-6PM	Israel Center Co-Sponsors UM Wieseneck Symposium—join us in the Rackham Assembly Hall (4th floor) as this year's panelists will discuss Hebrew and Israeli literature in the 21st Century.	Zero Fee				
21	9AM-4PM	<b>KidZone Vacation</b> —K-5 enjoy a variety of activities during school breaks. Pre/post care available.	Fees Vary				
27	2:30PM-5PM	Ann Arbor Party and Events Showcase—Everything you need to plan your next celebration!	Zero Fee				
30	12-3:30PM	<b>KidZone Vacation</b> —Activities for an early release day for students in grades K-5. Post care available.	Fees Vary				
FEBRUARY 2019							
15	9AM-4PM	<b>KidZone Vacation</b> —K-5 enjoy a variety of activities during school breaks. Pre/post care available.	Fees Vary				
17	3-5pm	Amster Gallery Reception—Meet quilting artist Julia Eisendrath and view her new exhibition.	Zero Fee				
18-19	9AM-4PM	<b>KidZone Vacation</b> —K-5 enjoy a variety of activities during school breaks. Pre/post care available.	Fees Vary				
21	12-1PM	<b>Third Thursday @ the J presents Eitan Mazia</b> —a graduate of the UM School of Music, Theater, and Dance will present selections from a variety of musicals in "My Moody Jewish Cabaret."	Zero Fee				
26	4PM	Israel Center Co-Sponsors UM Frankel Center Speaker—Daniel Lasker of Ben-Gurion University of the Negev will present, "What is Sephardi about Sephardi Thought?" in Rm 2022 of 202. S. Thayer.	Zero Fee				
27	12-3:30PM	KidZone Vacation—Early release day care for students in grades K-5. Post care available.	Fees Vary				

Jewish Community Center of Greater Ann Arbor • 2935 Birch Hollow Drive • Ann Arbor, MI 48108 • (734) 971-0990 • www.jccannarbor.org

### ANN ARBOR JCC

HEALTH AND WELLNESS					
M, W, F	9-10AM	<b>Zumba</b> —cardio workout to Latin rhythms and popular music.	\$5/class		
Tu, Th	9:30-10:30AM	Callanetics—safe, non-impact exercise plan that strengthens and tones	\$14/class		
Tu, Th	11AM-12PM	<b>Low Impact Exercise</b> —upbeat workout either standing or sitting to improve both mobility and flexibility.	\$3/class		
W	1-2PM	Tai Chi for Seniors—Improve health via this peaceful martial art. Starts 9 /12.	\$10/semester Mbrs Free		
W	7:30-9:30PM	Israeli Dancing—New & classic dances! All skill levels welcome. High school & college students free. Visit <i>a2rikud.org</i> .	\$5/person		
Th	6:30-7:30PM	<b>Yoga &amp; Meditation</b> —Combination of Ashanga, Slow Flow, Gentle, & Yin styles.	\$10/guest \$7/member		
	· ·	ADULT ENRICHMENT			
Tu, W, Th	12-1PM	<b>Lunch Café</b> —enjoy a dairy meal by local caterer Karan Balmer. RSVP required by calling the J up to the day before lunch.	\$5.50 or \$3 if 60+		
W	12:30-2PM	<b>Movie Screening</b> —enjoy a different movie each Wednesday afternoon.	Zero Fee		
Th	1-2PM	<b>Current Events</b> —discussion group to explore issues and stories in the news.	Zего Fee		
F	1:30-2:30PM	<b>Yiddish Readers</b> —All reading levels are invited to join in this relaxed group.	Zero Fee		
	CH	ILDREN AND FAMILIES			
F	9:15-10:15AM	<b>Tot Shabbat</b> —hands-on Shabbat fun for families w/ children 0-4, led by our fabulous Early Childhood Center staff.	Zero Fee		

#### **SPECIAL EVENTS**

12/10 5:45-8PM

#### 6th Annual One Candle for Tzedakah

Adopt a refugee child, purchase gifts to donate in lieu of the gifts you would have purchased for each other for one night of Chanukah. Then celebrate together as a community!
\$12/individual member or \$15/individual guest.
\$30/member household or \$35/guest household.
More information at **iccannarbor.org.** 

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#### One Candle for Tzedakah Returns!

Chanukah is the time to give as well as receive. Adopt a family in need and join us to wrap the donated gifts and celebrate Chanukah together as a community with food and fun. Want to breathe like a dragon? Dr. Nitro will show us how!

Visit *jccannarbor.org* for more information or to register.