



Chai Lights

FALL 2018

SEPTEMBER 2018

4	3:20-6PM	KidZone Afterschool Begins —the J's premier afterschool program runs M-F through June.	Fees Vary
6	5-7:30PM	30th Annual Apples and Honey, and Lots, Lots More —Community fall holiday celebration.	\$5/each, \$10/household
16	3-5PM	Amster Gallery Reception for Dennis Gordon —meet the artist and view his exhibition.	Zero Fee
17	7-8:30PM	Film Discussion Group with Russ Collins Begins —join this popular monthly series that meets September through May for film screenings and conversation. Registration required.	\$120/guest \$100/member
20	12-1PM	Third Thursday @ the J —Dr. Amanda Leggett from the University of Michigan presents, "Positive Aging," a talk on ways to age well by "playing the cards you've been dealt."	Zero Fee
26	5:45-7PM	Israeli Sukkot Potluck —Join Federation's Nahalal exchange students & the J for a Sukkot potluck with an Israeli twist. The J will provide drinks, paper goods, and a sukkah! Pre-registration required.	Fee is a dairy, nut-free dish to pass

Holiday Closings: 9/3 Labor Day, 9/10-11 Rosh Hashanah, 9/18@3pm - 9/19 Yom Kippur, 9/24-25 Sukkot, 10/1-2 Simchat Torah, 11/22-23 Thanksgiving

OCTOBER 2018

16	12-6PM	CVS Flu Shot Clinic —get immunized against Influenza. Register and bring insurance cards.	Insurance related
18	12-1PM	Third Thursday @ the J —Join State Representative Yousef Rabhi for lunch and conversation.	Zero Fee
18	7-9:30PM	Arts Around Town —Magen David Adom presents Alan Dershowitz @ the J. Information and tickets available online: afmda.org/events/talk-with-alan-dershowitz/	\$18/ticket
23	7:30-9PM	Arts Around Town —Yiddish Operetta lecture-demonstration by Michael Ochs @ UM Brittain Hall.	Zero Fee
25	7-8:30PM	Arts Around Town —Michael Hodges, discusses his book "Building the Modern World: Albert Kahn in Detroit." Festival sponsors enjoy dinner at 6PM before the author talk.	Zero Fee
28	3-5PM	Arts Around Town —Amster Gallery reception for photographer, Leslie Sobel opening her exhibit.	Zero Fee
30	7-8:30PM	Arts Around Town —Harvey Ovshinsky shares his father's biography "The Man Who Saw Tomorrow."	Zero Fee

NOVEMBER 2018

1	7:30-9PM	Arts Around Town —Lisa Kron, Tony award winning author of the lyrics & book for the musical "Fun Home" chats with EMU Theater Professor, Decky Alexander at EMU.	Zero Fee
4	1-2:30PM	Arts Around Town —Judy Seid discusses her book "God Optional Judaism."	Zero Fee
4	4-5:30PM	Arts Around Town —Ken Fisher talks with Irene Butter about her new memoir "Shores Beyond Shores: From Holocaust to Hope, My True Story."	Zero Fee
8	7-8:30PM	Arts Around Town —Author Maya Barzilai examines the 20th & 21st Century "Golem" legends.	Zero Fee
12	7-9PM	Arts Around Town —Screen 1918 silent film "The Yellow Ticket" w/ an original score played live by the composer, Alicia Svigals, founder of the Grammy winning Klezmatics at the Michigan Theater.	Buy Tickets via the Michigan Theater
15	12-1PM	Third Thursday @ the J —Enjoy this month's unique and engaging presentation.	Zero Fee

ANN ARBOR JCC

HEALTH AND WELLNESS

M, W, F	9-10AM	Zumba —cardio workout to Latin rhythms and popular music.	\$5/class
Tu, Th	9:30-10:30AM	Callanetics —safe, non-impact exercise plan that strengthens and tones	\$14/class
Tu, Th	11AM-12PM	Low Impact Exercise —upbeat workout either standing or sitting to improve both mobility and flexibility.	\$3/class
W	1-2PM	Tai Chi for Seniors —Improve health via this peaceful martial art. Starts 9 /12.	\$10/semester Mbrs Free
W	7:30-9:30PM	Israeli Dancing —New & classic dances! All skill levels welcome. High school & college students free. Visit a2rikud.org .	\$5/person
Th	6:30-7:30PM	Yoga & Meditation —Combination of Ashanga, Slow Flow, Gentle, & Yin styles.	\$10/guest \$7/member

ADULT ENRICHMENT

Tu, Th	12-1PM	Lunch Café —enjoy a dairy meal by local caterer Karan Balmer. RSVP required by calling the J up to the day before lunch.	\$5.50 or \$3 if 60+
Th	1-2PM	Current Events —discussion group to explore issues and stories in the news.	Zero Fee
F	1:30-2:30PM	Yiddish Readers —All reading levels are invited to join in this relaxed group.	Zero Fee

CHILDREN AND FAMILIES

F	9:15-10:15AM	Tot Shabbat —hands-on Shabbat fun for families w/ children 0-4, led by our fabulous Early Childhood Center staff.	Zero Fee
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SPECIAL EVENTS

9/6 5-7:30PM	Apples and Honey, and Lots, Lots More <i>Join us for our 30th annual community-wide celebration of the fall Jewish holidays with holiday make-and-takes, food, fun, and more! \$5/person or \$10/household. More at jccannarbor.org.</i>		
10/18— 11/12	Arts Around Town: Jewish Book & Arts Festival <i>Join us for events ranging from author talks to film screenings over the course of four weeks to celebrate creative expression of all kinds. Sponsorships available. Visit book.jccannarbor.org for more information, tickets, or to become a sponsor.</i>		

J Chai Lights

live up



30th Annual Apples and Honey, and Lots, Lots More!

The Fall Jewish Holidays arrive early this year, so let's celebrate as a community once again. This year's event will take place the Thursday evening before Rosh Hashanah begins, and will be filled with holiday themed hands-on activities and lots of fun! Visit jccannarbor.org for more information or to pre-register.