

# March 2019 Lunch Menu

Mon	Tue	Wed	Thu	Fri
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4	5 Green Salad Whole wheat roll Spinach and feta spanakopita Roasted Vegetables Mixed berries	6 Green Salad Minestrone soup Roasted veggie wraps on whole wheat tortilla Pineapple Cranberry oatmeal cookie	7 Green Salad Garlic bread Roasted vegetable and cheese frittata Roasted potatoes Clementines	8
11	12 Green Salad Veggie burgers Whole wheat hamburger bun Coleslaw Pickles Strawberries	13 Green Salad Broccoli cheddar soup Tuna salad Whole wheat bread Cantaloupe & Honeydew	14 Green Salad Cheese and onion quiche Couscous with roasted vegetables Whole wheat rolls Blueberries Cranberry orange muffins	15
18	19 Green Salad Three cheese lasagna w/whole wheat noodles Whole wheat garlic bread Roasted vegetables Bananas	20 Green Salad Lentil vegetable soup Egg salad on whole wheat bread Mixed berries	21 Asian salad Fried rice w/tofu and roasted veggies Whole wheat roll Red grapes Banana chocolate chip muffin	22
25	26 Caesar salad Tuna salad Whole wheat roll Sweet noodle kugel Green grapes	27 Green salad Vegetable barley soup <b>(Nut-free)</b> Pesto veggie wrap On whole wheat wrap Cranberry orange muffin Pineapple	28 Green salad Whole wheat roll Squash and cheese bake Roasted potatoes Blueberry lemon cake Honeydew & cantaloupe	