

January 2019 Lunch Café Menu

Mon	Tue	Wed	Thu	Fri
	<p><i>1</i></p> <p>JCC CLOSED– New Year’s Day</p>	<p><i>2</i></p> <p>Green salad Broccoli cheddar soup Whole wheat roll Egg salad on whole wheat bread Fruit</p>	<p><i>3</i></p> <p>Sweet potato and kale salad Tuna and corn flan Whole wheat roll Fruit Cookies</p>	<p><i>4</i></p>
<p><i>7</i></p>	<p><i>8</i></p> <p>Caesar salad Zucchini squash bake w/cheese Corn kugel Fruit</p>	<p><i>9</i></p> <p>Green salad Vegetable minestrone soup Whole wheat roll (Nut-free) pesto veggie wrap Fruit</p>	<p><i>10</i></p> <p>Green salad Three bean salad Whole wheat pasta w/roasted veggies Fruit</p>	<p><i>11</i></p>
<p><i>14</i></p>	<p><i>15</i></p> <p>Green salad Brown rice Mushroom stroganoff Fruit</p>	<p><i>16</i></p> <p>Green salad Whole wheat roll Lentil vegetable soup Fruit Cookies</p>	<p><i>17</i></p> <p>Caprese salad with mozzarella Whole wheat roll Spinach and cheese lasagna Fruit</p>	<p><i>18</i></p>
<p><i>21</i></p>	<p><i>22</i></p> <p>Caesar salad Potato salad Black bean veggie burger Whole wheat hamburger bun Fruit</p>	<p><i>23</i></p> <p>Green salad Vegetable barley soup Egg salad on whole wheat bread Fruit</p>	<p><i>24</i></p> <p>Green salad Potato salad Spinach and cheese spanakopita Fruit Cookies</p>	<p><i>25</i></p>
<p><i>28</i></p>	<p><i>29</i></p> <p>Green salad Broccoli cheddar soup Egg salad on whole wheat bread Fruit</p>	<p><i>30</i></p> <p>Green salad Tomato soup Grilled cheese on whole wheat bread Roasted vegetables Fruit</p>	<p><i>31</i></p> <p>Green salad Tuna potato croquettes Couscous w/roasted veggies Fruit</p>	