

December 2018 Lunch Menu

| Mon | Tue | Wed | Thu | Fri |
|-----|---|--|---|-----|
| 3 | 4 Green salad Vegetarian black bean chili Corn bread Fruit | 5 Green salad Lentil vegetable soup Egg salad sandwiches on whole wheat bread Potato latkes Fruit | 6 Caesar salad Whole wheat past alfredo Roasted vegetables Potato latkes Fruit | 7 |
| 10 | 11 Green salad Eggplant parmesan Whole wheat roll Fruit | 12 Green salad Corn chowder Whole wheat roll Tuna salad sandwiches on whole wheat bread Fruit | 13 Green salad Vegetable and cheese frittata Roasted potatoes Whole wheat roll Fruit | 14 |
| 17 | 18 Green salad Black bean and cheese burrito Spanish rice Fruit | 19 Green salad Broccoli cheddar soup Salmon salad Whole wheat roll Fruit | 20 Caesar salad Tuna potato croquettes Potato salad Fruit | 21 |
| 24 | 25 JCC CLOSED | 26 Green salad Minestrone soup Three cheese quiche Fruit | 27 Caesar salad Three cheese lasagna Whole wheat garlic bread Fruit | 28 |
| 31 | | | | |