J Chai Lights

JCC of Greater Ann Arbor • Spring/Summer 2015

		MAY		
1	1-3PM	Ann Arbor Symphony Chamber Concert—Music with Friends A2SO members perform in small groups. Tickets @ www.a2so.com	\$10/concert Series discount	
3	8:30AM-2PM	Trip to the Detroit Institute of Arts—Diego Rivera & Frida Kahlo exhibit	\$65	
3	3РМ	Chaverim B'Shirim Spring Concert—Sondheim, Gershwin & more.	Zero fee	
3	5-7PM	Joan Rosenblum Art Exhibit Reception in the Amster Gallery	art prices vary	
17	12-5PM	Celebrate Israel (Jewish Federation of Greater Ann Arbor) Join the community @ the J to celebrate Israel Independence Day. www.je	stration & fees at wishannarbor.org	
24	6:30-9:30PM	JCC Maccabi Spaghetti Dinner Teen athletes serve you dinner to raise funds for their trip to the games!	\$10/person	
28	5-9PM	JCC Day at Georgetown County Club Kick-off summer with the entire Jewish Community at Georgetown.	Zero fee	
		JUNE		
11	6:15-11PM	Pippin Travel to the Fisher Theater in Detroit for this Broadway revival!	\$85JCC/\$95NON	
15	6:30-8:30PM	Camp Raanana: Cedar Lake Open House—explore, play, have dinner!	Zero fee	
17	7-8:30PM	Issues for Aging: Graying in the Gay Community Explore topics about aging and caring for those at that stage of life.	Zero fee	
JULY				
19	9AM-5PM	AARP Safe Driving Class Tips and trick to stay driving safer, longer, and get an insurance discount.	\$25	
23	7PM-8PM	Israeli Scout Friendship Caravan—Israeli teens perform a dynamic show.	5adult/\$2 under4	
1-31		Jena McShane Photo Exhibit in the Amster Gallery	art prices vary	
		AUGUST		
9	9AM-4PM	Motor City Casino Day with the J Travel to the Motor City Casino to cool off at the hottest spot in town!	\$30	

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	Greater Aim Arbor "Spring/Summe	
	HEALTH & FITNESS—RECURRING	
Su, M, W, F 9-10AM	Zumba Get healthy with this high energy, Latin dance based exercise class.	\$5/class
M, W 7PM-9PM	Drop-in Volleyball Build up your fitness level by enjoying a friendly game of volleyball.	\$5/class
Tu 6PM-9PM	Drop-in Basketball Come play some B-ball and increase your skills & cardio health.	\$5/class
Th 7:30PM-9:30PM	Drop-in Israeli Dancing Novice or expert, enjoy both modern & classic dances. Requests welcome	\$5/class . \$0 for students
Tu, Th 8:15AM-9AM	Fit Body, Fit Mind Ignite your core & strengthen your mind through this strategic workout.	\$5/class
Tu, Th 9:30AM-10:30AM	Callanetics Sculpt and strengthen your body with this no-injury exercise technique.	\$12/class
Tu, 11AM-12PM Th, 10AM-11AM	Energy Exercise Strengthen & promote health w/ low impact exercises, standing or sitting	\$4/class or . \$10/3 classes
	COMMUNITY & FAMILY—RECURRING	
Tu 11AM-2PM Th 10AM-2PM	SPICE—Social, Physical, Intellectual, Cultural, & Educational Special exercise classes, lunch, & programs designed for those 60+.	\$5.50/lunch or \$3/lunch if 60+
F 11AM-12PM	Tot Shabbat Parents/grandparents/caregivers & toddlers celebrate Shabbat.	\$5 suggested donation
2 nd & 4 th W 11AM-12PM	JCC/JFS New Mom Networking Group Exchange ideas and socialize with other new moms. Babies welcome.	\$5 suggested donation
	OSHER @ UM & WCC EMERITUS	
a satellite location	Osher Lifelong Learning Institute at the University of Michigan The J is a host site for many classes. See OLLI's website for more.	Information available at www.olli-umich.org
for each of these adult education	Washtenaw Community College Community Enrichment The J is a host site for many classes taught by emeritus professors.	Prices vary, see www.jccannarbor.org

organizations.

for class listings.