



Celebrating 25 Years
JEWISH COMMUNITY CENTER
 OF GREATER ANN ARBOR

Save the Date!
JCC Gala Auction

Sunday, March 27th

6:00 p.m.

at the JCC

**Dinner, Music,
 Live & Silent Auctions**

**Honor
 Leslie Bash
 on her
 Retirement**

**Celebrate
 25 years
 of the
 Ann Arbor
 JCC**

January/February/March 2011

Mark Your Calendars!

January 4

ECC Enrichment Classes Begin

January 6

Melton Classes Begin

January 10

Film Discussion Group
 Youth Enrichment Classes Begin

January 11

Swim with Kim Begins
 Caregiver Conversations

January 14

ECC Shabbat Dinner

January 17

Youth Social Action Day
 School's Out Day

January 22

Kids' Night Out

January 30

Party Planning Expo

February 11

ECC Shabbat Dinner

February 13

ECC Reunion

February 16

School's Out Day

February 17

Caregiver Conversations

February 21

Film Discussion Group
 February Break Fun Days Begin

March 7

School's Out Day

March 11

ECC Shabbat Dinner
 School's Out Day

March 14

Film Discussion Group

March 20

Bookstock Collection Day
 Caregiver Conversations

March 27

JCC 25th Anniversary Auction

May 15-19

Jewish Film Festival

JCC Chai Lights is published quarterly by the Jewish Community Center of Greater Ann Arbor

2935 Birch Hollow Drive • Ann Arbor, MI 48108-2301

Phone: (734) 971-0990 • jcc@jccfed.org • www.jccannarbor.org



Dear Members,
I hope everyone had a great Chanukah and New Years. December always seems to be crazy and this year with Chanukah falling so early it has been no dif-

ferent. What I like about the Jewish New Year, is we have time to focus and think about the last year and the year ahead. Then the holiday season comes and I get overwhelmed. I like to take the New Year to refocus what I was thinking back in September and put it into practice in January. I am looking forward to January to get organized and focus the JCC for 2011. This year is going to bring many exciting events and changes to the JCC.

It is our 25th year and we will be celebrating Sunday, March 27th with a dinner, music and auction event to mark the milestone. We will also honor Leslie Bash on her retirement as well as raise funds for the JCC. The biennial auction is a fun event and there will be wonderful items, services, and accommodations to bid on, all of which are donated to the JCC. Some of the great items I have won in the past included a hot air balloon trip, ten sessions with a personal trainer at Sparrow Gym, UM basketball tickets, tickets to the Michigan Theatre, UMS events, Kerry Town Concert House, Dinners at lots of great restaurants like the Earle and Cafe

Zola, but I haven't won a weekend accommodation in some warm resort, but this could be the year. I want to thank Fran Martin for once again stepping forward to chair and organize this year's event. Please contact Fran or the JCC staff, by finding or soliciting items or services to donate for the auction or by becoming a sponsor. If you have items or time to help out, please contact Fran or JCC staff. As we honor Leslie Bash and all the great guidance and dedication she has shown over the last decade, I hope to be able to introduce the next Executive Director to you in March. The JCC executive director search committee will be interviewing several very exciting candidates in January.

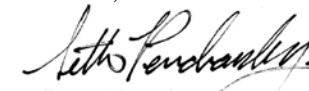
We are launching a new Health and Wellness program that will build on what we have been doing in several areas and incorporate them into an integrated interdisciplinary program. For example, the Early Childhood Program has been growing vegetables in a garden and using those vegetables for holiday celebrations and for snack time. The JCC will offer healthy cooking classes that help families learn how to cook delicious healthy meals easily. Additionally, the program will emphasize getting the family together for easy Shabbat dinners and the importance of the health of the family in getting together for meals. On another front, we currently offer Zumba classes, Callanetics, Israeli Dancing, Volleyball and Open Basketball, and the JCC will expand our

offerings of these exercise programs. We are beginning to organize a team for the Burns Park 5k Run that will take place May 1st. The 5k run will be an opportunity for Maccabi athletes and members of the community to raise money to support the JCC Maccabi Team. This year we are planning to send teens to the JCC Maccabi Games in Israel and in Springfield, Massachusetts, so please lend your support by sponsoring a Maccabi teen for the Burns Park Run or participating yourself.

In addition, the idea is that a total Health and Wellness program also has to address the intellectual, spiritual, and communal needs of the whole person. So along those lines, program elements will be added that address those subjects. To integrate all these elements of a healthy lifestyle we hope to eventually introduce a system that the JCC Association is piloting at four JCCs with online tools for members to assess and track their health habits. This will help JCC members to understand their health risks and encourage them to develop better habits through an online incentive program.

I wish you all a wonderful 2011 and stay tuned for exciting new happenings this year at the JCC.

Take care,


Seth Penchansky

The Jewish Community Center of Greater Ann Arbor
is participating in:

BOOKSTOCK '11 USED BOOK & MEDIA* SALE

*All kinds...books on tape, records, videos, CDs & DVDs

DONATE USED BOOKS

Collection day at Ann Arbor JCC

2935 Birch Hollow Drive, Ann Arbor

Sunday, March 20, 2011

10:30 a.m. - 12:30 p.m.

To volunteer or for questions, please contact
Rebekah Gamble at (734) 971-0990 or rebekahgamble@jccfed.org

Join Us!

Celebrating 25 Years



JEWISH
COMMUNITY CENTER
OF GREATER ANN ARBOR

Help us celebrate the 25th anniversary of the JCC and honor our Executive Director, Leslie Bash, on her retirement by becoming an Auction Sponsor and/or by donating goods and services to be auctioned on Sunday March 27, 2011.

SPONSORSHIP OPPORTUNITIES

Founder - \$10,000

Receives:

- Double page tribute ad in the program
- Eight tickets to the auction
- Acknowledgement in promotional materials

Visionary \$5,000

Receives:

- Full page tribute ad in the program
- Eight tickets to the auction
- Acknowledgement in promotional materials

Partner \$2,500

Receives:

- Full page tribute ad in the program
- Six tickets to the auction
- Acknowledgement in promotional materials

Supporter \$1,000

Receives:

- Full page tribute ad in the program
- Four tickets to the auction
- Acknowledgement in promotional materials

Leader \$ 720

Receives:

- Half page tribute ad in the program
- Four tickets to the auction
- Acknowledgement in promotional materials

Advocate \$ 500

Receives:

- Half page tribute ad in the program
- Two tickets to the auction
- Acknowledgement in promotional materials

Friend \$ 360

Receives:

- One-quarter page tribute ad in the program
- Two tickets to the auction
- Acknowledgement in promotional materials

Contributor \$180

Receives:

- One-eighth page tribute ad in the program
- Two tickets to the auction
- Acknowledgement in promotional materials

*Goods and Services Donation: Please complete related section of the form below.

INDIVIDUAL SPONSORS

☐ Founder (\$10,000)

☐ Visionary (\$5,000)

☐ Partner (\$2,500)

☐ Supporter (\$1,000)

☐ Leader (\$720)

☐ Advocate (\$500)

☐ Friend (\$360)

☐ Contributor (\$180)

☐ Supporter \$_____

☐ Goods or Services Donor

Name _____ Phone _____ Fax _____
(As you would like it to appear in the Auction Program)

Address _____ City _____ State _____ Zip _____

*Goods and Services Description: _____

Preferred Payment Method: Checks to JCC of Greater Ann Arbor, 2935 Birch Hollow Dr., Ann Arbor MI 48108

☐ CHECK Enclosed ☐ VISA ☐ MASTERCARD 3 digit code # _____ Amount to be charged to card _____

Billing zip code _____ Name on card _____ Card # _____

Expiration date _____ Signature _____

Contributions are tax-deductible to the extent provided by law. Each sponsor will receive a statement specifying his/her tax-deductible contribution. **QUESTIONS?** Please contact Rebekah Gamble at rebekahgamble@jccfed.org or Rachael Shifrin at rachaelshifrin@jccfed.org or 734-971-0990.

Book Festival Success! 2010

Thank-you to everyone who participated in this year's Book Festival!



Zingerman's Ari Weinzweig with author Joan Nathan



Kelly Miller and Karan Balmer at opening night.



Nancy and Phil Margolis with Larry Hiss enjoy the Sponsor Reception.



Debbie Shtulman, the JCCA's Alan Goldberg, Jewish Federation Executive Director David Shtulman and JCC Executive Director Leslie Bash enjoy some tasty treats from Amanda's Kitchen Catering.



Author Martin Fletcher discusses his book, *Walking Israel*.



Author Erica Brown captivates her audience with a discussion about her book *Confronting Scandal*.



It's a family affair with Pat Binder and daughter Elizabeth Levy.

The children from the JCC's Early Childhood Center enjoy a Book Festival program with Laura Pershin Raynor and Linda Grekin.



SAVE THE DATE!

The 10th Annual Lenore Marwil

2011 JEWISH FILM FESTIVAL

Sunday, May 15 through Thursday, May 19



Health & Wellness At the JCC

The JCC of Greater Ann Arbor is committed to the health and wellness of our community. We will continue to bring new and exciting classes and events to support this commitment.

Women's Health Expo: Sunday, March 6, 2011 love YOU!

Keynote Speaker: Kathy Kastan

LCSW, MA ED, Author, Patient Advocate, Heart Disease Survivor, and 2010 Recipient of the Woman's Day Magazine Red Dress Award.



A Day of Learning, Love and Good Health.

Co-Sponsored by the JCC and Jewish Federation of Greater Ann Arbor, this event features a heart healthy brunch, health screenings and great giveaways.

For more information contact Mimi Weisberg at mimiweisberg@jccfed.org or 734-971-0990.

Join the JCC's team for the Burns Park Run! Sunday, May 1, 2011

Raising money to support the JCC Maccabi Team



All community members are invited to join the JCC's team for the Burns Park Run on May 1st. This is a great event for runners and walkers of all ages and abilities; there will be 5K and 10K races, as well as a Fun Run.

We will be raising money to support the JCC Maccabi Team through the Burns Park Run - stay tuned for details about how to register and help raise money.

We are also planning to hold training sessions in the weeks leading up to the run. More information to come!

For more information contact Liz Kohn at liz.kohn27@gmail.com or Deborah Huerta at deborahhuerta@jccfed.org / 734-971-0990.

JCC Adult and Gym Classes - 2010

For more information on classes and registration, please contact the JCC at 734-971-0990.

Callanetics Mondays, Tuesdays and Thursdays Time: 9:30 - 10:30 a.m.

Fee: \$10 per Member • \$12 non Member • Instructor: Diane Dahl

Firms every muscle in your body using stretching exercises synchronized to rhythmical music.

Israeli Dancing Thursdays Time: 7:30-8:30 p.m. - Easy and Oldies

8:30-10:00 p.m. Intermediate and Requests

Fee: Students & Children Free All others \$5 • Instructor: Laura and Amnon Steiner

Learn the latest Israeli dances, line dances, mixers and more with Laura and Amnon Steiner.

Families are welcome.

Volleyball Mondays & Wednesdays Time: 7:00 - 9:00 p.m. Fee: Free

On Mondays, join Larry Hiss and his volleyball group to work out, improve your volleyball skills, and make new friends. Wednesday's group is led by Phil Ristenbatt.

Zumba Sunday Class 12:00 - 1:00 p.m. Mondays, Wednesdays and Fridays Time: 9:00 - 10:30 a.m.

Tuesdays 6:00 - 7:00 p.m.

Fee: \$5 Instructor: Karen Silverman

Zumba is the exciting new dance craze featuring Latin and international rhythms.

Open Basketball Sunday: 9:30 - 11:30 a.m. Dates: Watch for information on weekly email

Fee: FREE

YOUTH SOCIAL ACTION DAY: **Unite for a Cause!**

In Honor of Martin Luther King Day

January 17th, 2011

2:00-3:30 p.m. at the JCC



**The JCC is hosting
a special FREE event
for all families in the
community with
children in
grades K-5.**

Families are invited to join us for a fun afternoon featuring activities relating to the theme "Unite for a Cause" and an inspiring performance by Singers Of United Lands (S.O.U.L.). A snack will be served after the performance.



The S.O.U.L. group was such a hit last MLK Day that we are bringing them back for another visit! S.O.U.L. is a unique quartet of four professional young adult singers, each from a different country. There are four new performers this year, representing Columbia, Zambia, Australia, and Canada, so audiences will be treated to all new sounds and rhythms.

Don't miss out on this special opportunity to hear S.O.U.L. perform!

RSVP requested by January 12. Children attending the afternoon event must be accompanied by an adult. For more details or to RSVP, please contact Deborah Huerta at 734-971-0990 or deborahhuerta@jccfed.org.

For information about the full day School's Out Program on MLK Day see page 20

Celebrate Shabbat at the Matthaei Botanical Gardens **Sunday, January 23, 2011 • 10:00 a.m. – Noon**

Sponsored by The Jewish Cultural Society

JCS Tu B'shevat focuses on the historical, cultural, and ecological elements of the Jewish holiday known as the "birthday of the Trees" and includes activities for both children and adults.

Delight the senses with the sights, sounds, tastes and traditions of Tu B'shevat!

Learn about plants that have ancient and historical significance and connect with local environmental groups.

Participate in a plant scavenger hunt through the conservatory. Other activities include music, paper-making and seed planting!

Co-Sponsored by the Ann Arbor Reconstructionist Havurah and the Jewish Community Center of Greater Ann Arbor.

JEWISH CULTURAL ARTS & EDUCATION

at the JCC of Greater Ann Arbor



Mimi Weisberg - mimiweisberg@jccfed.org - 971-0990 ext.18

*In our life there is a single color, as on an artist's palette, which provides the meaning of life and art.
It is the color of love. Marc Chagall*

The JCC of Greater Ann Arbor's FLORENCE MELTON ADULT MINI-SCHOOL



A workout for the brain... Refreshment for the spirit...
Jewish Thinking on Thursdays at the JCC

Melton Classes Begin: THURSDAY, JANUARY 6, 2011

JEWISH DENOMINATIONS - Taught by Ori Weisberg

Thursday evenings: **January 6, 13, 20, 27, February 3, 10, 17, 24 and March 3, 10.**

Examine Jewish identity and religious expression against the backdrop of dramatic political and social change over the past 300 years. Gain extensive insights into the historical and ideological developments of the major movements. Explore the impact of gender, assimilation, Israel and post-denominationalism on the movements and the Jewish people.

Series Cost: \$250 JCC Member • \$275 Non-member Cost includes the Student Reader.

JEWS IN AMERICA - Taught by Ori Weisberg

Thursday evenings: **March 17, 24, 31, April 14, 28, and May 5, 12, 26 and Monday June 6.**

Students will have the opportunity to consider the challenges of Jewish acculturation to American life, and the sacrifices as well as the contributions that have been made over the past 200 years. Lessons will explore such topics as the role of education, The Three Generation Hypothesis, Anti-Semitism and the Holocaust, the changing place of Zionism and the State of Israel, The Civil Rights Movement as a case study of distinctiveness and involvement, and other issues that address American and Jewish culture and identity.

Series Cost: \$250 JCC Member • \$275 Non-member Cost includes the Student Reader.

To register contact Mimi Weisberg - 971-0990



Off the Shelf

Book Recommendations

To the End of the Land
by David Grossman

As a Driven Leaf
by Milton Steinberg

The Finkler Question
by Howard Jacobson

Fabulous Film at the J.

**Preparations for our 2011
Jewish Film Festival are underway!**
Please contact Mimi if you would like to help!

Film buff, Cinephile, Cineaste, no matter how you say it, you are someone who appreciates films. Films that inspire, entertain, educate and enlighten. Films that promote international understanding and cultural diversity...Films that reflect universal values...Films that encourage lively post film discussion – we would love to hear from you and encourage your participation in our 2011 planning.

Mimi Weisberg at 734-971-0990
or mimiweisberg@jccfed.org

M.Schuman



H. Cohen



The Herb & Carol Amster Gallery

The Amster Gallery is part of the Jewish Community Center of Greater Ann Arbor and is devoted to expanding and enriching cultural life in Ann Arbor by presenting the finest in Jewish artistic expressions, encouraging the preservation of Jewish culture and heritage, and nurturing new creativity in the arts.

It is open during the hours of the JCC and is free and open to the public.

If you would like to discuss an exhibition of your art, please contact Mimi at 734.971.0990 or mimiweisberg@jccfed.org



S. Fishman

PARTY PLANNING EXPO

**Announcing the 1st Annual Party
Planning EXPO at the Jewish
Community Center of Greater
Ann Arbor**

JANUARY 30, 2011 – 2:00-5:00 P.M.
Free and open to the public!

**If you are planning a wedding, Bar/Bat Mitzvah, birthday,
anniversary, or graduation party, this event is for YOU!**

Taste the wares of industry professionals! We will have caterers, party planners, florists, computer experts, entertainment companies and stationers to help make your party a great success! Meet non-profit organizations that can assist you to make our community a better place through Mitzvah projects.

Booth rentals begin at the unbelievable low price of \$36!

**Please contact Mimi Weisberg for more information
734-971-0990 or mimiweisberg@jccfed.org**

The 2010 Jewish Book Festival Sponsors

Bernie Banet, Mimi Chapman, Fran Martin, Esther Ullman - Chairs
WE ARE EXTREMELY GRATEFUL FOR YOUR SUPPORT!

PEOPLE OF THE BOOK

Harlene and Henry Appelman
Barb and Bernie Banet
Alice Fishman and Michael DiPietro
Carolyn and Larry Hiss
Fran and Irwin Martin
Prue and Ami Rosenthal
Mae and Leonard Sander
Karen and Harry Silverman
Jewish Federation of Greater Ann Arbor
Temple Beth Emeth

BOOK LOVER

Patti Aaron
Levana and Stephen Aronson
Carol and Herb Amster
Leslie and Norman Bash
Pat Binder
Heather and Stuart Dombey
Carol and Steve Dworkin
Naomi and Theodore Harrison
Lis and Hugo Kahn
Pamela and Steve Landau
Nancy and Irv Leon
Bobbie and Myron Levine
Joan Lowenstein and Jonathan Trobe
Nancy and Phil Margolis
Lauren and Eric Metzendorf
Myrna and Newell Miller
Sharon and Chuck Newman
Susan and Mark Orringer
Jill and David Scheibel
Mary and Art Schuman
Joseph Spiegel
Gretta Spier and Jonathan Rubin
Gale and Martin Stolzenberg
Esther Ullman and Morley Witus

Zelma Weisfeld
Beth Israel Congregation
Eastern Michigan University Jewish
Studies
Frankel Center for Judaic Studies
Jewish Cultural Society
Jewish Family Services
The Voice/Vision Holocaust Survivor
Oral History Archive
Turkish Cultural Foundation

AVID READER

Sallie Abelson
Mimi Chapman
Kathi and Rick Cohen
Judith Elkin
Phyllis and David Herzig
Elaine and Barry Margolis
Barbara Stark-Nemon and Barry Nemon
Sheila and Owen Perlman
Amy Roehrig
Carole and Mitchell Rycus
Debbie and David Shtulman
Linda Spector
Fran Weinstein
Elise Weisbach
ORT Book Club

CORPORATE SPONSORS

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Barry's Bagels
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Great Harvest
Michigan Theater
Morgan and York
MX Design - Clara Trent
O & W
Trader Joe's
Whole Foods Market
Zingerman's

ADDITIONAL CONTRIBUTORS

Fred Horowitz
Joan and Melvyn Levitsky
Laurie and Jayson Greenberg

SPECIAL PROGRAM

PARTICIPANTS:

Don Brown
Irene Butter
Shira and Steve Klein
Chuck Newman
Eileen Pollack
Ari Weinzwieg



DEDICATED COMMITTEE:

Rich Adler, Bernie Banet, Corry Berkooz, Lisa Bernstein, Pat Binder, Mimi Chapman, Judy Cohen, Babette Levy Daskin, Carol Finerman, Annette Fisch, Alice Fishman, Susan Flint, Ron Frisch, Chuck Gelman, Elliot Gertel, Sheldon Ginns, Judy Gourdji, Naomi Harrison, Jessica Kander, Nancy Karp, Nancy Leon, Elaine Margolis, Fran Martin, Norm Miller, Lisa Molnar, Haran Rashes, Sue Rebner, Mae Sander, Ellen Sapper, Rachel Seltz, Jennifer Siegel, Alida Silverman, Gretta Spier, Shira Steiner, Gale Stolzenberg, Mira Sussman, Lonnie Sussman, Esther Ullman, Jodi Wallo, and Charlene Yudowin

JCC Film Discussion Group 2010-11

6 Classes left!



Join the JCC Film Discussion Group!

Each month, join Russell Collins, Executive Director of the Michigan Theater and co-host of WEMU's Cinema Chat. Engage in lively discussion not only of movie plots and characters but also of the unique cinematic elements that send subtle messages to viewers. Films selected will include popular blockbusters, independent films, thought-provoking dramas, intense thrillers, and more.

2011 Schedule - Classes begin at 7:00 p.m.
2nd Monday with a few *3rd Mondays

Monday, January 10

Monday, March 14

Monday, May 9

Monday, February 21

Monday, April 11

Monday, June 13

* (3rd) Valentine's Day on the 2nd

COST: \$36 JCC Members, \$45 Non-Members for a year-long membership in the JCC Film Discussion Group (6 sessions remaining). This fee does not include the cost of your movie ticket.

Questions? Contact Leslie Bash at 734.971.0990 or lesliebash@jccfed.org

Early Childhood Center

To Learn, To Grow, To Begin To be Me



Open Enrollment for the JCC Early Childhood Center



The Early Childhood Center will be accepting applications for child care and pre-school programs for the 2011 – 12 school year beginning Tuesday March 1st for children and siblings currently enrolled in our program. Applications for member families of JCC affiliate organizations (TBE, BI, HDS, JCS, etc.) will begin Tuesday March 8th and enrollment for the general public begins Tuesday March 15th.

Child Care programs are offered to children ages 2 months to 5 years old in our state licensed and NAEYC accredited center. Our Active Learning program offers a High/Scope curriculum to best meet the needs of each age group. Our highly educated, warm and nurturing staff helps children to excel in all aspects of their lives.

All children 3 years and older participate in a pre-school program designed to prepare children for kindergarten. The center is open from 7:30 a.m. to 6:00 p.m. Monday through Friday. Children can register for full or part time. A half-day preschool program is available for children 3 through 5 years old.

All of our programs integrate Jewish curriculum with our High/Scope curriculum.

Children in our pre-school classes also participate in our outdoor summer camp program, Camp Keshet.

For more information about any of our programs or for an application please contact Noreen DeYoung at noreendeyoung@jccfed.org or Peretz Hershbein at peretzhershbein@jccfed.org or 971-0990.

Early Childhood Center Reunion!

Ever wonder what happened to your ECC friend from years ago?
Ever wanted to reconnect with parents and kids from the ECC? Now is your opportunity.

Sunday, February 13, 2011 • 1:00-3:00 p.m.

At the JCC • Entertainment will include The Music Lady, Beverly Meyer.



JCC Early Childhood Center Celebrates Shabbat

All families with young children under 5 years of age are invited to welcome in the Sabbath with dinner, and music.

Friday, January 14, 2011, 6:00 – 7:30 p.m.

Children from the ECC Giraffe, Kangaroo and Frog Rooms will host this dinner with songs and presentations from their classroom.

Registration must be received by Monday January 10th

Friday, February 11, 2011, 6:00 – 7:30 p.m.

Children from the ECC Lamb and Zebra Rooms will host this dinner with songs and presentations from their classroom.

Registration must be received by Monday February 7th

Friday, March 11, 2011, 6:00 – 7:30 p.m.

Children are encouraged to dress as their favorite Purim villain, hero, king or queen.

Registration must be received by Monday March 7th

Cost per Shabbat Dinner:

Adult \$12.00

Children \$6.00

2 years and up



Shabbat Dinner Registration Form

Name: _____ Phone: _____

Number of Adults @ \$12.00: _____ Number of Children @ \$6.00: _____

☐ January 14 ☐ February 11 ☐ March 11

Total Enclosed: _____

Toddler Time



This parent/child interactive program helps you take a new look at the world through new eyes: your Toddler's. Together, observe the world in wonder and joy as your child explores the world around himself/herself. Children will play with manipulative and educational toys and engage in arts and crafts, music and rhythm, and supervised activities. A visit to our Monkey room for climbing and crawling will be included in this class.

Ages	Day	Dates	Time	Fee
18–30 months	Tuesday	1/11 – 4/5 (12 classes)	9:30–11:00 a.m.	\$45 member \$60 non-member
Instructor: Yael Zoldan		No Class 2/22		

Tot Shabbat



Parents and toddlers can come and celebrate Shabbat at the JCC. We will sing songs, make Challah and have fun. Join us to help create Shabbat memories for your child.

Ages	Day	Dates	Time	Fee
All	Friday	ongoing	11:30 –12:30 p.m.	None

Ballet - Let's Dance!



The JCC dance program exposes young children to the basics of natural movement, dance and creative expression. Our professional dance staff provide high-quality instruction within the familiar atmosphere of the JCC. Clothing: Proper shoes are required for ballet. Black leggings and a t-shirt are the appropriate practice attire. Children should wear this outfit to school, assistance will be provided with ballet shoes.

Ages	Day	Dates	Time	Fee
3–5	Thursday	1/13–4/7 (12 classes) No Class 2/24	12:40–1:25 p.m.	\$129 CC \$149 member \$186 non-member
3–5	Friday	1/14–4/8 (12 classes) No Class 2/25	12:40–1:25 p.m.	\$129 CC \$149 member \$186 non-member
Instructor: Susan Filipak				

Picasso's Playhouse



This class invites young children to create their own masterpieces using not so typical art mediums like mosaic art, sand painting, marble art, spray art and more! We will go as far as our imaginations will take us.

Ages	Day	Dates	Time	Fee
3-5	Tuesday	1/11_4/5 (12 classes) No Class 2/22	12:40 –1:40 p.m.	\$81 CC \$95 member \$102 non-member
Instructor: Yael Zoldan				

Junior Fit Kids



It's never too early for young children to create healthy habits for life. In this class children learn heart healthy exercises, strengthen their muscles, stretch their bodies and make healthy food choices.

Ages	Day	Dates	Time	Fee
3–5	Tuesday	1/11–4/5 (12 classes) No Class 2/22	12:40–1:30 p.m.	\$65 CC \$75 member \$90 non-member
Instructor: Kim Braun				



Enrichment Classes

Sports, Sports, Sports



Sports, Sports, Sports will stress basic skills and rules necessary to play each sport. These classes are designed to improve hand-eye coordination and teach the importance of teamwork and fair play. Each sport will meet for 6 classes.

Basketball	Age	Day	Dates	Time
	3-5	Tuesday	1/4 – 2/8	3:15–4:00 p.m.
Volleyball	Age	Day	Dates	Time
	3-5	Tuesday	2/15 – 3/29 No Class 2/22	3:15–4:00 p.m.
T-ball	Age	Day	Dates	Time
	3-5	Tuesday	4/5 – 5/24 No Class 4/19, 4/26	3:15–4:00 p.m.

Instructor: Kim Braun

Each Session - Fee \$50 cc \$60 m \$75 n/m

Tumbling and Movement



Come tumble with Kim!! Work on somersaults, hand stands, balance, rhythm, jumping and lots of other fun movement activities.

Ages	Day	Dates	Time	Fee
3-5	Thursday	1/13–4/7 (12 classes) No Class 2/24	12:40–1:30 p.m.	\$65 CC \$75 member \$90 non-member

Instructor: Kim Braun

Cooking up a Story



Combine art, literature and cooking to stimulate the imagination and encourage creativity. Enjoy creating and tasting simple delicious foods.

Ages	Day	Dates	Time	Fee
3-5	Wednesday	1/12–4/6 (12 classes) No class 2/23	12:40–1:40 p.m.	\$81 CC \$95 member \$102 non-member

Instructor: Yael Zoldan

Theater Workshop (For Preschoolers)



Step into the spotlight, become new characters and get whisked away on the magic story ride. The world is a stage and it's waiting for you!

Ages	Day	Dates	Time	Fee
3-5	Monday	1/10–4/4 (12 classes) No class 2/21	12:40–1:40 p.m.	\$81 CC \$95 member \$102 non-member

Instructor: Yael Zoldan

Yoga



Children will learn the basic practice of yoga through stories and poses. This yoga practice will enhance flexibility!

Ages	Day	Dates	Time	Fee
3-5	Monday	1/10 – 4/4 (12 classes) No class 2/21	12:40 – 1:30 p.m.	\$80 CC \$90 member \$110 non-member

Instructor: Adele Kieras



Enrichment Classes



Growing Reader

Children will participate in language rich activities that enhance the development of reading skills.

Ages	Day	Dates	Time	Fee
4-5 (children entering kindergarten in fall)	Thursday	1/13 - 4/7 (12 classes) No class 2/24	2:00 - 3:00 p.m.	\$81 CC \$95 member \$102 non-member



Alef-Bet Time

Learn to speak basic Hebrew words, and the Alef Bet through arts, crafts and games.

Ages	Day	Dates	Time	Fee
4-5 (children entering kindergarten in fall)	Monday	1/10-4/4 (12 classes) No class 2/21	2:00-3:00 p.m.	\$81 CC \$95 member \$102 non-member

Instructor: Yael Zoldan



ECC Enrichment Registration Form

You can register by mail or in person at the JCC. All registration forms must include payment in full. Please make checks payable to the Jewish Community Center. We cannot accept registration over the phone. Use one form per person. JCC membership entitles you to reduced class fees. Some classes have reduced rates for children enrolled in Child Care. Please be sure to enter the correct fee on your registration form.

Name _____ Birthdate _____ Age _____

Phone _____ Street _____ City _____ Zip _____

Parents' Name _____ Phone (w) _____

Parents' Name _____ Phone (w) _____

Whom shall we call in an emergency if we cannot reach either parent?

Name _____ Phone _____

Please enter all information below. Make sure you are entering the correct fee listed with each class.

CC=Child Care Participant

M=Member

N/M=Non-Member

CC M N/M

Class Name	Day	Time	Status	Fee
<input type="checkbox"/> Toddler Time				
<input type="checkbox"/> Tot Shabbat				
<input type="checkbox"/> Ballet				
<input type="checkbox"/> Picasso's Playhouse				
<input type="checkbox"/> Junior Fit Kids				
<input type="checkbox"/> Sports, Sports, Sports				
<input type="checkbox"/> Basketball				
<input type="checkbox"/> Volleyball				
<input type="checkbox"/> T-Ball				
<input type="checkbox"/> Tumbling and Movement				
<input type="checkbox"/> Cooking up a Story				
<input type="checkbox"/> Theater Workshop				
<input type="checkbox"/> Yoga				
<input type="checkbox"/> Growing Reader				
<input type="checkbox"/> Alef-Bet Time				

TOTAL ENCLOSED _____



CAMP RAANANA NEWS

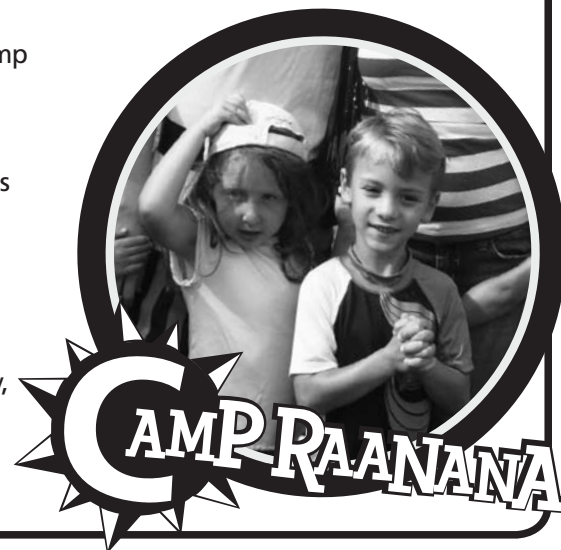
It's time to start thinking summer!

It's never too early to start making plans for one of the most important experiences for your child – Jewish summer camp. Camp Raanana, the JCC's outdoor summer day camp for children entering grades K-8, is the perfect place for campers to explore new interests, build Jewish identity, and have fun outside!

Located on a beautiful private beach front at Independence Lake, Camp Raanana provides swim lessons, arts & crafts, music, Judaics, nature exploration, sports, free swim, weekly special events or field trips, Shabbat celebrations, overnight trips, specialties for grades 3-5, a Pioneer Adventure Program for grades 6-8, and much more! Daily bus transportation is provided from the JCC.

Here's how to find out more about Camp Raanana:

- Contact the camp director Deborah Huerta at 734-971-0990 or deborahhuerta@jccfed.org.
- Watch for the camp brochure in the mail by January or February, or pick up a copy at the JCC.
- Visit www.CampRaanana.com to learn more about camp and view the brochure once it is available.



CAMP RAANANA SEEKS 2011 STAFF MEMBERS

Counselor in Training Program for teens who have completed 8th or 9th grade:

This fun and supportive program is designed for teens who are making the transition from camper to counselor. CITs receive training and hands-on experience in child development, leadership and team-building, conflict resolution, program planning, and first aid. CITs also get to participate in social activities and special field trips. Teens may register for one or both four-week CIT sessions (pending space availability). The cost is \$400 for the initial four-week session for new CITs, and \$120 for subsequent four-week sessions for new and returning CITs. CITs receive an honorarium for their work upon successful completion of the program. Teens must receive approval from the Camp Director to enter the program.

Junior Counselor Program for teens who have completed 10th, 11th, or 12th grade:

This is a paid position which requires a four or eight week commitment. Junior Counselors work directly with a group head counselor who acts as a mentor and involves the Junior Counselor in planning and implementing all camp activities. Applicants must have previous experience in a childcare or camp setting and must be able to attend several pre-camp training sessions in June.

Head Counselor & Specialist Positions:

Camp Raanana is seeking mature and talented individuals to fill several eight-week Head Counselor and Specialist positions. Applicants for these positions must have completed at least one year of college (or equivalent), have previous experience in a camp setting, and be able to attend several pre-camp training sessions in June. Positions available may include group head counselor, middle school travel group counselor, lifeguard, arts & crafts specialist, Judaic programs specialist, music specialist, sports specialist, nature specialist, special needs coordinator, and aftercare coordinator. A Program Coordinator position to work alongside the Camp Director and Assistant Director may also be available.

A limited number of CIT, JC, and counselor/specialist positions are available; interested individuals should contact camp director Deborah Huerta as soon as possible at deborahhuerta@jccfed.org or 734-971-0990 to request an application and obtain more information about the available positions.



YOUTH & TEEN NEWS

Join Ann Arbor's 2011 Maccabi Team!



The JCC Maccabi Games are an incredible opportunity for teens to experience a week of Olympic-style athletic competition, community service projects, Jewish learning, and social activities with other Jewish teens from around the world. This year, Ann Arbor athletes may attend one of two different sites:

Springfield, Massachusetts from August 14-19

For the Springfield Games, teens must be 13-16 years old as of 7/31/11 and can participate in soccer, swimming, tennis, table tennis, track & field, bowling, golf, girls basketball, or girls volleyball.

Israel (various cities) from July 21 - August 5

A special 15-day trip including five days of competition, a weekend home hospitality experience, and a week of touring Israel! For the Israel Games, teens must be 14-17 years old as of 7/31/11 and can participate in soccer,

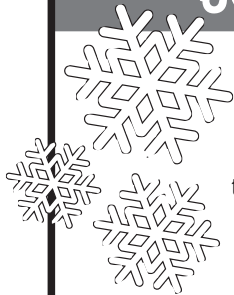


swimming, tennis, table tennis, basketball, dance, or girls volleyball.

A limited number of spots on the team are available! Teens of all athletic abilities are welcome to participate (special requirements apply for dancers).

For more information, please contact Deborah Huerta at deborahhuerta@jccfed.org or 734-971-0990.

JCC Snow Days



On days when the JCC is able to open but Hebrew Day School and Ann Arbor Public Schools are canceled due to winter weather conditions, the JCC Youth Department provides a Snow Day program from 10 a.m. to 6 p.m. This program is for JCC members ONLY in grades K-5; middle school students are

also welcome to participate as helpers for a reduced fee. Students will enjoy games, gym time, and fun in the snow under the supervision of the JCC Youth Director and other staff. Students should bring a nut free, meat free lunch and appropriate clothes for playing outside (weather permitting).

COST:

\$40 for KK/KC students enrolled that day of the week (\$5 off for additional siblings)

\$50 for all other JCC members (\$5 off for additional siblings)

You may call the JCC at 734-971-0990 or check www.jccannarbor.org in the morning for Snow Day info.

SAVE THE DATE: March Events

School's Out Days

The JCC will offer a program on March 7 for AAPS and other students. The JCC will also offer a program on March 11 for HDS and other students.



Girls' Night Out / Boys' Night Out

The JCC is planning to hold simultaneous Girls' Night Out and Boys' Night Out events on a Saturday evening in March – stay tuned for details!

March-April Enrichment Classes

The March-April session of classes will begin the week of March 7 and run through the week of April 11.

Flyers for these programs will be available at the JCC and at www.jccannarbor.org. Contact Deborah Huerta at deborahhuerta@jccfed.org or 734-971-0990 for more information.



ENRICHMENT CLASSES

Afterschool care with a snack before each class is included for all students (a Child Info Record must be on file to use afterschool care). Contact deborahhuerta@jccfed.org or 734-971-0990 for more info. **Please register by January 6.**

JUNIOR FIT KIDS: *Grades K-2 • Mondays • 4:20 - 5:20 p.m. • 1/10 & 1/24-2/14*



Join Kim Braun for a special class exploring fitness and nutrition through energetic games, fun exercises, and healthy snacks after each class! (Some food items may not be kosher certified.)

Fee (5 weeks): \$35 Monday KK-KC enrollees / \$75 JCC Members / \$95 Non-Members

MIXED MEDIA ART: *Grades 1-5 • Tuesdays • 4:20 - 5:20 p.m. • 1/11-2/15*



Art teacher Katherine Willson will lead students in a variety of creative mixed media art projects involving materials such as wire, clay, plaster, paint, found objects, and more!

Fee (6 weeks): \$40 Tuesday KK-KC enrollees / \$90 JCC Members / \$110 Non-Members

FIT KIDS: *Grades 2-5 • Wednesdays • 4:20 - 5:20 p.m. • 1/12-2/16*



Kim Braun will teach students about the joys of proper fitness and nutrition with fun exercises, games, and healthy snacks after each class. (Some food items may not be kosher certified.)

Fee (6 weeks): \$40 Wednesday KK-KC enrollees / \$90 JCC Members / \$110 Non-Members

BASKETBALL: *Grades K-5 • Thursdays • 4:20 - 5:20 p.m. • 1/13-2/17*



The JCC's very own Benny Margolis brings years of basketball experience to this exciting class. Basketball technique, fun games, teamwork, and life skills all in one class!

Fee (6 weeks): \$40 Thursday KK-KC enrollees / \$90 JCC Members / \$110 Non-Members

BEADS GALORE: *Grades K-5 • Thursdays • 4:20 - 5:20 pm • 1/13-2/17*



JCC staff member and popular enrichment teacher Rebekah Gamble will help students make a variety of beaded creations, such as key chains, bookmarks, jewelry, decorations, and more!

Fee (6 weeks): \$40 Thursday KK-KC enrollees / \$90 JCC Members / \$110 Non-Members

Youth Enrichment Classes – January/February 2011

Student 1 Name _____ Grade _____ School _____

☐ Jr. Fit Kids (\$____) ☐ Mixed Media Art (\$____) ☐ Fit Kids (\$____) ☐ Basketball (\$____) ☐ Beads Galore (\$____)

Student 2 Name _____ Grade _____ School _____

☐ Jr. Fit Kids (\$____) ☐ Mixed Media Art (\$____) ☐ Fit Kids (\$____) ☐ Basketball (\$____) ☐ Beads Galore (\$____)

Parent Name(s) _____ Home #(s) _____

Cell #(s) _____ Work #(s) _____

Email(s) _____

I understand that the JCC's programs may involve some risks and will not hold the JCC, its instructors, employees, associates, or affiliates responsible or liable for any accidents that occur during this program. I authorize the JCC to secure medical and/or emergency surgical treatment for my child(ren) if needed. I give permission for still or video photographs of my child(ren) to be taken by the JCC staff and used in online and print marketing materials.

Parent Signature _____ Date _____ TOTAL ENCLOSED: _____



SWIM CLASSES

Swim with Kim – January/February 2011

Payment and registration are due by January 6. Cost for 6 week session: \$90 JCC Members / \$110 Non-Members

Student 1 _____ Grade _____ School _____ Fee _____

Student 2 _____ Grade _____ School _____ Fee _____

Parent Name(s) _____ Home #(s) _____

Cell #(s) _____ Work #(s) _____

Email(s) _____

Afterschool Plans:

- ☐ My child does not need afterschool care in Kids' Konnection/Kids' Club.
- ☐ My child is enrolled in KK/KC on Tuesdays and will be picked up from there before the lessons.
- ☐ Please charge me the drop-in fees for afterschool care (this option is available for JCC members ONLY).

I understand that the JCC's programs may involve some risks and will not hold the JCC, its instructors, employees, associates, or affiliates responsible or liable for any accidents that occur during this program. I authorize the JCC to secure medical and/or emergency surgical treatment for my child(ren) if needed. I give permission for still or video photographs of my child(ren) to be taken by the JCC staff and used in online and print marketing materials.

Parent Signature _____ Date _____ TOTAL ENCLOSED: _____

SWIM WITH KIM - Expert swim lessons for students in grades K-5!



Tuesdays from 5:30-6:30 pm at High Point School January 11 – February 15 (6 weeks)

HDS gym teacher, Camp Raanana waterfront director, and experienced swim instructor Kim Braun will offer swim lessons at High Point School for swimmers and non-swimmers in grades K-5, beginning January 11.

Kim loves teaching children to enjoy and appreciate the water and has been teaching swimming for over 20 years. She is certified as a lifeguard, Water Safety Instructor, and CPR and lifeguard instructor.

The January-February session of Swim with Kim will run for 6 weeks; registration is due by January 6. Parents will be responsible for bringing their children to the lessons at High Point School by 5:30 pm. The lessons will last until 6:30 and children should be picked up at the school by 6:45 after they have changed. Contact Deborah Huerta for help with arranging carpools with other participants.

High Point School is located at 1735 S Wagner Rd in Ann Arbor. It is about a 15 minute drive from the JCC. In the event that High Point School's pool is closed for repairs or maintenance on any of the class days, the class will be held at Saline Recreation Center (1866 Woodland Drive in Saline, about 12 minutes from the JCC). Parents will be notified in advance of location changes.

For more information, please contact Deborah Huerta at deborahhuerta@jccfed.org or 734-971-0990.

Cost for 6 Week Session: \$90 JCC Members / \$110 Non-Members

Please note that the class fee does NOT include afterschool care at the JCC before the class.





KIDS' NIGHT OUT

Saturday, January 22 · 6:30-10:00 pm at the JCC

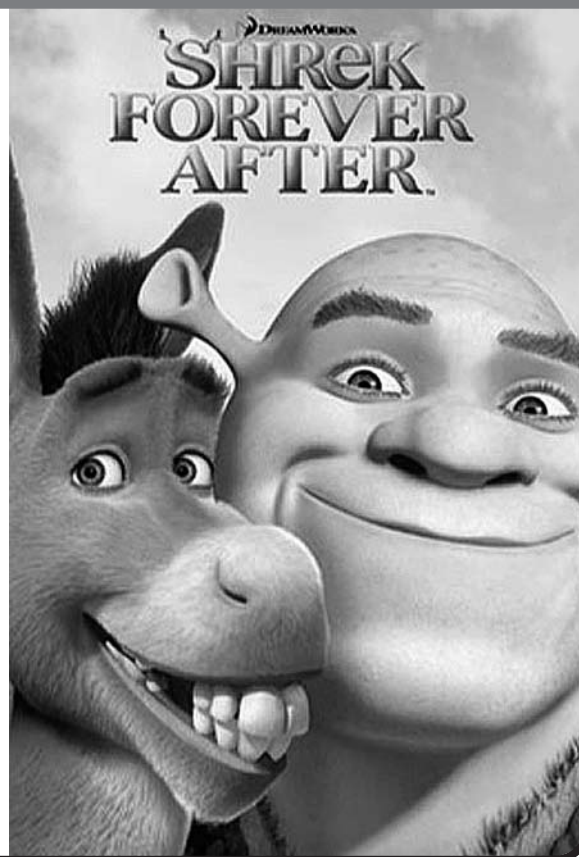
Join us for a very special Kids' Night Out, featuring fun crafts and games, an entertaining movie, a yummy pizza dinner, and the first ever Kids' Night Out talent show!

The evening will start out an optional talent show for anyone interested to show off their singing, dancing, music, magic, or other skills. Participants will also enjoy a viewing of the hilarious movie *Shrek Forever After*, which follows the adventures of Shrek and his friends when they get sent to a mixed up version of Far Far Away.

NEW! During the movie, students in 3rd-5th grades may choose to either watch the movie or enjoy other activity options.

Kids' Night Out events are open to JCC members and non-members in grades K-5. Kosher dinner options are available with advance notice. For more information, please contact Deborah Huerta at deborahhuerta@jccfed.org or 734-971-0990.

Payment and registration are due by Thursday, January 20.



Kid's Night Out – January 22, 2011

JCC Members: \$20 (additional siblings: \$18) • Non-Members: \$25 (additional siblings: \$23)
Note: If you bring friends who are not current JCC members, they must pay the non-member rate.

Please register by Thursday, January 20.

Student 1: Name _____ School _____ Grade _____ Cost _____

Student 2: Name _____ School _____ Grade _____ Cost _____

Parent Name(s) _____ Home #(s) _____

Cell #(s) _____ Work #(s) _____

Email(s) _____

Special Notes (allergies, health conditions, etc) _____

I understand that the JCC's programs may involve some risks and will not hold the JCC, its instructors, employees, associates, or affiliates responsible or liable for any accidents that occur during this program. I authorize the JCC to secure medical and/or emergency surgical treatment for my child(ren) if needed. I give permission for still or video photographs of my child(ren) to be taken by the JCC staff and used in online and print marketing materials.

Parent Signature _____ Date _____ TOTAL ENCLOSED: _____



SCHOOL'S OUT DAYS

Register Now for MLK Day and President's Day School's Out Programs!

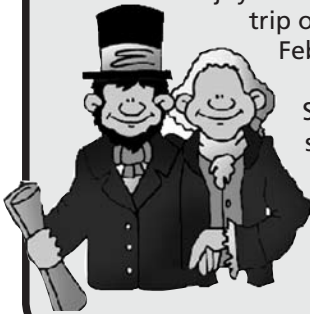
Monday, January 17 (HDS, AAPS, & other students)

In honor of MLK Day, School's Out participants will take part in the JCC's Youth Social Action Day. This year's theme is "Unite for a Cause!" In the morning, students will participate in games and activities relating to this theme, and in the afternoon they will enjoy the community-wide Singers Of United Lands (S.O.U.L.) performance as well as special workshops with the S.O.U.L. singers. **Registration is due by January 12.**



Monday, February 16 (AAPS & other students)

Enjoy a fun day of presidential-themed activities, featuring either a fun field trip or a special presentation! Program details will be available in early February. **Registration is due by February 11.**



School's Out / JCC's In programs are for JCC members ONLY in grades K-5. Middle school students are also welcome to participate as helpers for a reduced fee (\$20/day, including PM Care if needed). Students should bring a nut free, meat free lunch and appropriate clothing for playing outside. A JCC Youth Department Child Information Record must be on file for all participants. To obtain a form, or for more information, please contact Deborah Huerta at deborahhuerta@jccfed.org or 734-971-0990.

School's Out Days - January 17 & February 16, 2011

\$36/day for 8 am - 4 pm (\$4 off for additional siblings)

\$10/day for PM Care from 4-6 pm (no PM Care charge for KK/KC students enrolled that day of the week)

Spots are limited - please register on time! A \$5 per student late fee applies for each day if you register after the deadline. If your plans change, you may cancel any days not needed and receive a full credit if you notify us before the deadline. For absences or cancellations made after the deadline, a \$5 per student per day cancellation fee will be deducted from the credit.

Student 1 _____ Grade _____ Birthdate _____ School _____

- ☐ Monday, 1/17 (all students)
☐ PM Care

- ☐ Monday, 2/16 (AAPS & others)
☐ PM Care

Student 2 _____ Grade _____ Birthdate _____ School _____

- ☐ Monday, 1/17 (all students)
☐ PM Care

- ☐ Monday, 2/16 (AAPS & others)
☐ PM Care

Parent Name(s) _____ Home #(s) _____

Cell #(s) _____ Work #(s) _____

Email(s) _____

Special Notes (allergies, health conditions, etc) _____

I give permission for my child(ren) to participate in the planned field trips or activities and to be transported by the JCC in school busses, public busses, JCC vehicles, or vehicles of JCC staff.

Parent Signature _____ Date _____

Student 1 Fees _____ + Student 2 Fees _____ + Late Fees _____ = TOTAL ENCLOSED _____



FEBRUARY BREAK FUN DAYS

Spend your break having fun with your friends at the JCC!

During Hebrew Day School or Ann Arbor Public Schools breaks, the JCC Youth Department offers full day programs featuring field trips or special activities. These programs are for JCC members ONLY in grades K-5. Middle school students may participate as helpers for a reduced fee (\$20/day, including PM Care if needed).

Programming details for each day of the February Break will be available by early February. Students may sign up for one or more days and should bring a nut free, meat free lunch and appropriate clothing for playing outside each day.

A JCC Youth Department Child Information Record must be on file for all participants. To obtain a form, or for more information, please contact Deborah Huerta at deborahhuerta@jccfed.org or 734-971-0990.



2011 February Break Fun Days

\$36/day for 8 am - 4 pm (\$4 off for additional siblings)

\$10/day for PM Care from 4-6 pm (no PM Care charge for KK/KC students enrolled that day of the week)

Registration and payment are due by February 14.

Spots are limited – please register on time! A \$5 per student late fee applies for each day if you register after the deadline. If your plans change, you may cancel any days not needed and receive a full credit if you notify us before the deadline. For absences or cancellations made after the deadline, a \$5 per student per day cancellation fee will be deducted from the credit.

Student 1 _____ Grade _____ Birthdate _____ School _____

- | | | | | |
|---------------------------------------|--|--|---|---------------------------------------|
| <input type="checkbox"/> Monday, 2/21 | <input type="checkbox"/> Tuesday, 2/22 | <input type="checkbox"/> Wednesday, 2/23 | <input type="checkbox"/> Thursday, 2/24 | <input type="checkbox"/> Friday, 2/25 |
| <input type="checkbox"/> PM Care | <input type="checkbox"/> PM Care | <input type="checkbox"/> PM Care | <input type="checkbox"/> PM Care | <input type="checkbox"/> PM Care |

Student 2 _____ Grade _____ Birthdate _____ School _____

- | | | | | |
|---------------------------------------|--|--|---|---------------------------------------|
| <input type="checkbox"/> Monday, 2/21 | <input type="checkbox"/> Tuesday, 2/22 | <input type="checkbox"/> Wednesday, 2/23 | <input type="checkbox"/> Thursday, 2/24 | <input type="checkbox"/> Friday, 2/25 |
| <input type="checkbox"/> PM Care | <input type="checkbox"/> PM Care | <input type="checkbox"/> PM Care | <input type="checkbox"/> PM Care | <input type="checkbox"/> PM Care |

Parent Name(s) _____ Home #(s) _____

Cell #(s) _____ Work #(s) _____

Email(s) _____

Special Notes (allergies, health conditions, etc) _____

I give permission for my child(ren) to participate in the planned field trips or activities and to be transported by the JCC in school busses, public busses, JCC vehicles, or vehicles of JCC staff.

Parent Signature _____ Date _____

Student 1 Fees _____ + Student 2 Fees _____ + Late Fees _____ = TOTAL ENCLOSED _____

Adult Programs

Upcoming Caregiver Conversations: A Group for Adult Children with Aging Parents

Jewish Family Services convenes "Caregiver Conversations," a monthly drop-in educational and support group for adult children in a variety of caregiving roles for their aging parents.

Sharing the Caregiving Responsibilities with Siblings

Tuesday, January 11, 2011

6:30 – 8:00 p.m. at the JCC

Sharing caregiving duties with siblings can be an opportunity for cooperative collaboration or caustic conflict. Issues such as geographic proximity to one's parents, gender, and childhood rivalries can come into play to complicate matters. We will discuss the good, the bad, and the ugly of sibling involvement in caregiving, with attention to the strategies adopted by the most functional sibling co-caregivers.

FREE. RSVP to Abbie at 769-0209 or abbie@jfsannarbor.org.

Managing Caregiver Guilt

Thursday, February 17, 2011

6:30 p.m. – 8:00 p.m. at the JCC

If you experience bouts of guilt about your role as a caregiver, you are not alone. Many caregivers wonder, "Am I doing enough for Mom/Dad? Am I doing the right things in the right way? Is my attention to caregiving impeding my ability to be a good spouse/parent/employee?" Come to this session and learn skills for harnessing guilt in order to serve you rather than imprison you.

FREE. RSVP to Abbie at 769-0209 or abbie@jfsannarbor.org.

Caregiver Brunch with Open Discussion

Sunday, March 20, 2011

11:00 a.m. – 12:30 p.m. at the JCC

Join us for a potluck brunch and facilitated conversation about any and all of your caregiving concerns. Share your situation and receive constructive feedback and ideas! We'll provide bagels; please bring a dish to pass.

FREE. RSVP to Abbie at 769-0209 or abbie@jfsannarbor.org.

"Caregiver Conversations" is sponsored by the Community Foundation for Southeast Michigan. Co-sponsored by the JCC, Reconstructionist Havurah, Temple Beth Emeth, Beth Israel Congregation, and the Jewish Cultural Society.



Spice of Life*

Social, Physical, Intellectual, Cultural and Educational Programs for Adults

For additional information, contact Merrill Poliner, MSW, Spice Program Coordinator at 734-971-0990.

JANUARY

Tuesdays at the JCC

11:00 a.m. – **Energy Exercise with Maria Farquhar**
\$4 per session, or 3 sessions for \$10

Noon – **Homemade Dairy Lunch Buffet**
\$3 per person

1:00 p.m. – **Games and Activities**
Join us for a variety of games and activities including mahjong, quilting, and Wii sports.

1:30 p.m. – **Yidish Tish (Yiddish Conversational Group):**
Open to the public as well as UM faculty, staff & students, all ages and levels welcome. Beanster's Café, ground floor, Michigan League. Free. For more information, call 936-2367.

Wednesdays at the JCC

9:30 a.m. – **French Music of the Romantic Era with Nate Adams.** WCC Community Education class free to Washtenaw County residents 65 and older. 8 weeks until February 23. Register at 971-0990 or at first class.

Thursdays at the JCC

10:00 a.m. – **Energy Exercise with Maria Farquhar**
\$4 per session, or 3 sessions for \$10

11:00 a.m. – **Current Events with Heather Dombey**
Bring items of interest for group discussion.

Noon – **Homemade Dairy Lunch Buffet**
\$3 per person

1:00 p.m. – **Thursday Special Events and Presentations** (next page for details)

2:15 p.m. – **Literary Group facilitated by Sidney Warschausky.** Call Merrill at the JCC 971-0990 for the current book.

Fridays at the JCC

1:30 p.m. – **Yiddish Reading Group** at the Jewish Community Center. Call Ray Juni for additional information at 761-2765.

SPECIAL EVENTS AND PRESENTATIONS

JANUARY

Thursday, JANUARY 6

12:30 pm: **Birthday celebration** for all with JANUARY birthdays! Bring your family and friends for lunch and birthday cake.



followed by

1:00 pm: **Stephanie Murray** of annarbor.com will discuss the History of News Media – How has it changed?"

Tuesday, JANUARY 13

12:30 pm: A registered nurse from Care Response will take and record **blood pressures** and address any questions. Free. (This event repeated the second Thursday of each month)

followed by

1:00 pm: **The Tin-Pan-Alley** style entertainers, **The Happiness Boys** return to the JCC with a new show for 2011.

Thursday, JANUARY 20

1:00 pm: Tu B'Shevat is the Jewish Arbor Day, the "New Year for Trees." Join us for a special **Tu B'Shevat Seder** led by **Julie Gales**, Madrikha of the Jewish Cultural Society.

Thursday, JANUARY 27

1:00 pm: Today is **International Holocaust Remembrance Day**. **Sid Lawrence** will present on Anti-Semitism-The Longest Hate which will focus on 2 millennium of Jewish persecution identifying how the migration of the Cross has led to the Swastika.

Serving the Seniors in Our Community

FEBRUARY

Tuesdays at the JCC

11:00 a.m. – **Energy Exercise with Maria Farquhar**
\$4 per session, or 3 sessions for \$10

Noon – **Homemade Dairy Lunch Buffet**
\$3 per person

1:00 p.m. – **Games and Activities**
Join us for a variety of games and activities including mahjong, quilting, and Wii sports.

1:30 p.m. – **Yidish Tish (Yiddish Conversational Group):**
Open to the public as well as UM faculty, staff & students, all ages and levels welcome. Beanster's Café, ground floor, Michigan League. Free. For more information, call 936-2367.

Wednesdays at the JCC

9:30 a.m. – **French Music of the Romantic Era** with **Nate Adams**. WCC Community Education class free to Washtenaw County residents 65 and older. 8 weeks until February 23. Register at 971-0990 or at first class.

Thursdays at the JCC

10:00 a.m. – **Energy Exercise with Maria Farquhar**
\$4 per session, or 3 sessions for \$10

11:00 a.m. – **Current Events with Heather Dombey**
Bring items of interest for group discussion.

Noon – **Homemade Dairy Lunch Buffet**
\$3 per person

1:00 p.m. – **Thursday Special Events and Presentations** (next page for details)

2:15 p.m. – **Literary Group facilitated by Sidney Warschausky**. Call Merrill at the JCC 971-0990 for the current book.

Fridays at the JCC

1:30 p.m. – **Yiddish Reading Group** at the Jewish Community Center. Call Ray Juni for additional information at 761-2765.

SPECIAL EVENTS AND PRESENTATIONS

February

Thursday, FEBRUARY 3

12:30 pm: **Birthday celebration** for all with FEBRUARY birthdays! Bring your family and friends for lunch and birthday cake.



followed by

1:00 pm: Are you tired of the cold gray Michigan winter? Join SPICE for a virtual trip to **Hawaii**. Don't forget your aloha shirt!

Thursday, FEBRUARY 10

12:30 pm: A registered nurse from Care Response will take and record **blood pressures** and address any questions. Free. (This event repeated the second Thursday of each month.)

followed by

1:00 pm: **Martin Shichtman**, Professor of English Language and Literature and recently appointed Director of Jewish Studies at Eastern Michigan University, presents on Irving Berlin's **God Bless America**.

Thursday, FEBRUARY 17

1:00 pm: A nutritionist from the University of Michigan Hospital and Health System speaks about **nutritional supplements**. Which are healthy, which should you skip?

Thursday, FEBRUARY 24

1:00 pm: **Mark Tucker**, lecturer at the University of Michigan and creative director of Festi-Fools, will bring a presentation (and maybe some samples) of the amazing puppets he has designed.

New!

French Music of the Romantic Era
with **Nate Adams**.

Wed. at 9:30 a.m. at the JCC.
8 weeks until February 23

WCC Community Education class free to Washtenaw County residents 65 and older.

Register at 971-0990 or at first class.

Serving the Seniors in Our Community

MARCH

Tuesdays at the JCC

11:00 a.m. – **Energy Exercise with Maria Farquhar**
\$4 per session, or 3 sessions for \$10

Noon – **Homemade Dairy Lunch Buffet**
\$3 per person

1:00 p.m. – **Games and Activities**
Join us for a variety of games and activities including mahjong, quilting, and Wii sports.

1:30 p.m. – **Yiddish Tish (Yiddish Conversational Group):**
Open to the public as well as UM faculty, staff & students, all ages and levels welcome. Beanster's Café, ground floor, Michigan League. Free. For more information, call 936-2367.

Thursdays at the JCC

10:00 a.m. – **Energy Exercise with Maria Farquhar**
\$4 per session, or 3 sessions for \$10

11:00 a.m. – **Current Events with Heather Dombey**
Bring items of interest for group discussion.

Noon – **Homemade Dairy Lunch Buffet**
\$3 per person

1:00 p.m. – **Thursday Special Events and Presentations** (next page for details)

2:15 p.m. – **Literary Group facilitated by Sidney Warschausky.** Call Merrill at the JCC 971-0990 for the current book.

Fridays at the JCC

1:30 p.m. – **Yiddish Reading Group** at the Jewish Community Center. Call Ray Juni for additional information at 761-2765

SPECIAL EVENTS AND PRESENTATIONS

March

Thursday, MARCH 3

12:30 pm: **Birthday celebration** for all with March birthdays! Bring your family and friends for lunch and birthday cake.



followed by

1:00 pm: Docents from the **University of Michigan Museum of Art** discuss some of the museum's collections.

Tuesday, MARCH 10

12:30 pm: A registered nurse from Care Response will take and record **blood pressures** and address any questions. Free. (This event repeated the second Thursday of each month.)

followed by

11:30 am: **Klezmer music** has been described many ways. Join us for a film that describes it as "A Tickle of the Heart."

Thursday, MARCH 17

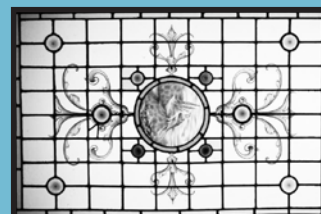
1:00 pm: Clotheslines are no longer the ubiquitous item that they once were in the past. **Anne Lawrence** will share with us the clothesline memorabilia and memories that she has collected about clotheslines as both an object and a concept.

Thursday, MARCH 24

1:00 pm: Are you concerned about drug dosages, drug interactions, what to do with medications when you no longer need them and how to remember when and how to best take your medications? A **pharmacist** from a local pharmacy will answer all your questions and more.

Thursday, MARCH 31

1:00 pm: **Ron Sussman**, stained glass artist, will demonstrate and describe his art.



Supporters of Chai Lights!

For more information, please contact Halye Aisner at halyeaisner@jccfed.org or 971-0990.

Sponsoring *Chai Lights* can help you reach 3,000 households in Washtenaw County. The sponsorship is \$40 per issue or \$185 for five issues in advance.



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In memory of Carol Moyer, mother of
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In memory of Marc Ruben

From the Medical Staff at University

Community Hospital, Tampa, Florida

From Col. and Mrs. Christian P.M.

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From Esther Ullman and Morley Witus

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In honor of Mira Sussman for her honor
and recognition in Habonim

and Ameinu

From the Board and Staff of the JCC

In memory of Carol Odekirk, mother of
Denise Bennett

From Leslie and Norman Bash

From Kathi and Kelly Cohen

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In memory of Irving Panush, father of
Aviva Panush

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From the Board and Staff of the JCC

Wishing Norman Bash a speedy recovery

From the staff and board of the JCC

From Dina Shtull and Steve Leber

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Eve and Richard Primus

In memory of Carol Moyer, mother
of Bruce Moyer

From Noreen and Ray DeYoung

In memory of Mark Ruben

From Noreen and Ray DeYoung

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In honor of the Special Birthday of
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**APRIL 1ST EARLY BIRD
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THE JCC'S OUTDOOR DAY CAMP FOR
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June 20 - August 19, 2011

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- Field trips and Red Cross swim lessons for grades K-5
- Exciting specialty choices and overnights for grades 3-5
- Pioneer Program with fun trips and overnights for grades 6-8



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OUT
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How to find out more about Camp Raanana:

- Contact the camp director Deborah Huerta at deborahhuerta@jccfed.org or (934) 971-0990.
- Watch for the camp brochure in the mail in January or February, or pick up a copy at the JCC.
- Visit www.CampRaanana.com to learn more and view the brochure once it is available.