

J

## Chai Lights

## SUMMER 2017

## JUNE 2017

4	2-4PM	<b>Amster Gallery Reception</b> —Mother/daughter exhibition reception for Mary and Joanna Schuman.	Zero Fee
7	7-8:30PM	<b>Author Talk with Ann Epstein</b> —Ann Epstein will speak about her new historical novel <i>On the Shore</i> .	Zero Fee
8	7-8:30PM	<b>Camp Informational Meeting</b> —Director Saslove invites campers' parents to learn about this summer's camp program and get questions answered about their children's camp experience.	Zero Fee
15	7-8:30PM	<b>Annual Meeting of the Membership</b> —Join us for this celebration of a year of success and progress.	Zero Fee
15	12-1PM	<b>Third Thursday Lunch &amp; Learn</b> —enjoy a variety of interesting speakers from the region. Light Lunch available for a small fee. Please RSVP by the day before for lunch.	Zero Fee
21	6-8PM	<b>Camp Raanana Open House</b> —the community is invited to Cedar Lake Nature Center for an evening of outdoor fun and adventure with this summer's camp staff. Hotdog/veggie-dog dinner provided.	Zero Fee
26	9AM-4:30PM	<b>Camp Raanana Begins!</b> Campers enjoy 8 weeks at Cedar Lake Nature Center. Week 9 will be @ the J!	camp.jccannarbor.org

## Holiday Closings: Shavuot 6/1, Independence Day 7/4

## JULY 2017

6	All Night	<b>Camp Raanana Overnight</b> —campers must pre-register. Campfire, s'mores, & tents await!	camp.jccannarbor.org
12	12-6PM	<b>2nd Annual Red Cross Blood Drive</b> —Sign up online at <a href="http://www.redcrossblood.org">www.redcrossblood.org</a> (sponsor ID: JCC) to donate and save lives! Double red donors can be accommodated.	Zero Fee
20	All Night	<b>Camp Raanana Overnight</b> —campers must pre-register. Campfire, s'mores, & tents await!	camp.jccannarbor.org
20	12-1PM	<b>Third Thursday Lunch &amp; Learn</b> —enjoy a variety of interesting speakers from the region. Light Lunch available for a small fee. Please RSVP by the day before for lunch.	Zero Fee
27	All Night	<b>Camp Raanana Leadership Overnight</b> —Atid & Ozrim only. Must pre-register. Campfire & more await!	camp.jccannarbor.org
27	1-2PM	<b>TheraPaws Visit</b> —Owner/dog team bi-monthly visit. Pet the dogs, chat with the owners to reduce stress and increase relaxation. RSVP requested to ensure enough teams are present.	Zero Fee

## AUGUST 2017

3	All Night	<b>Camp Raanana Overnight</b> —campers must pre-register. Campfire, s'mores, & tents await!	camp.jccannarbor.org
14	11AM-6PM	<b>2nd Annual Golf Outing to Support Youth Scholarships</b> —Come golf, come to hang out, or simply make a contribution to help the J support families who would not otherwise be able to attend our camp and early childhood programs. Visit <a href="http://jccannarbor.org">jccannarbor.org</a> for more information or to make a gift.	<b>Foursome \$750</b> <b>Individuals \$195</b> <b>Non-golfers \$70</b>
17	All Night	<b>Camp Raanana Overnight</b> —campers must pre-register. Campfire, s'mores, & tents await!	camp.jccannarbor.org
17	12-1PM	<b>Third Thursday Lunch &amp; Learn</b> —enjoy a variety of interesting speakers from the region. Light Lunch available for a small fee. Please RSVP by the day before for lunch.	Zero Fee
21	9AM-4:30PM	<b>Camp Raanana Moves to the J!</b> Camp changes locations for the last camp week.	camp.jccannarbor.org
25	9AM-4:30PM	<b>Camp Raanana Ends!</b> Camp finished for the summer, but don't be sad—we'll be back next summer!	camp.jccannarbor.org

# ANN ARBOR JCC

## HEALTH AND WELLNESS

Th	6:30-7:30PM	<b>Kangoo Power</b> —Ultimate cardio Jumps® rebounding boots workout.	Fees Vary
Su, M, W, F	9:30-10:30AM 9-10AM	<b>Zumba</b> —cardio workout to Latin rhythms and popular music.	\$5/class
Tu	6:30-7:30PM	<b>Yoga &amp; Meditation</b> —a combination of Ashanga, Slow Flow, & Yin Yoga. Modifications offered for postures.	Fees Vary
Tu, Th	9:30-10:30AM	<b>Callanetics</b> —safe, non-impact exercise plan that strengthens and tones	\$14/class
Tu, Th	11-12PM	<b>Low Impact Exercise</b> —upbeat workout either standing or sitting to improve both mobility & flexibility.	\$3/class
Th	7:30-9:30PM	<b>Israeli Dancing</b> —new dances and classic favorites! All skill levels welcome. Free for high school & college students. Visit <a href="http://a2rikud.org">a2rikud.org</a> for more.	\$5/person

## ADULT ENRICHMENT

Tu Th	12-1PM	<b>Lunch Café</b> —enjoy a dairy lunch & lively conversation. RSVP requested.	\$5.50 or \$3 if 60+
3rd Th	12-1PM	<b>Third Thursday</b> —Engaging lectures, performances & more every 3rd Thursday of the month! See <a href="http://jccannarbor.org">jccannarbor.org</a>	Zero Fee
Th	11-12PM	<b>Current Events</b> —discussion group focusing on issues in the news.	Zero Fee
F	1:30-3PM	<b>Yiddish Readers</b> —All reading levels are invited to participate.	Zero Fee

## CHILDREN AND FAMILIES

F	9:15-10:15AM	<b>Tot Shabbat</b> —families with children 0-4 years old enjoy a weekly guided hands-on Shabbat experience.	Zero Fee
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## SAVE THE DATE

For more information visit [jccannarbor.org](http://jccannarbor.org)

9/5	Early Childhood Center—First Day of School
9/17	<b>Apples and Honey, and Lots, Lots More</b> <i>The whole community celebrates the fall Jewish holidays!</i>
9/5	KidZone Afterschool begins! <i>Register today at <a href="http://jccannarbor.org">jccannarbor.org</a></i>

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live up



Photo by ECC Staff

## 2nd Annual Golf Outing for Youth Scholarships

The J provides approximately \$50,000 of support each year to families who would not otherwise be able to send their children to our Early Childhood Center or Camp Raanana. Please join us on Monday, August 14, 2017 at The Polo Fields-Ann Arbor for a great day of golf to help our kids. You can support the outing by participating as a golfer, sponsor, or making a gift of support. For more information visit [jccannarbor.org](http://jccannarbor.org).